

# Breast Cancer Resources for Patients, Loved Ones, and Caregivers

## Peer Support for Breast Cancer

### *Reach To Recovery*<sup>®</sup>

**Chat with someone who's been there.**

Match with a breast cancer survivor today.



#### Website

[https://reach.cancer.org/?gad=1&gclid=EAIaIQobChMIyoW7rP3hgAMVBpSGCh36LQAIEAAYAiAAEgIL8\\_D\\_BwE](https://reach.cancer.org/?gad=1&gclid=EAIaIQobChMIyoW7rP3hgAMVBpSGCh36LQAIEAAYAiAAEgIL8_D_BwE)

#### About (from website)

*If you are facing breast cancer, it may help to connect with someone who knows what you're feeling—someone who is a breast cancer survivor, someone who can answer your questions because they have “been there.” Through our secure Reach To Recovery website and app, you can create an online profile and match with trained volunteers based on your diagnosis and treatment options. Volunteers can answer your questions and provide one-on-one support to help you cope with treatment, side effects, talking with friends and family, working during treatment, and more. (Volunteers do not provide medical advice. This is a free program.)*

## Breast Cancer Support Groups

### *National Breast Cancer Foundation*

#### Website

<https://www.nationalbreastcancer.org/breast-cancer-support-groups/>



#### About (from website)

*Directory of free resources for breast cancer support groups, including online and in-person options as well as group and one-on-one sessions.*

### *Susan G. Komen Breast Care Helpline*

#### Contact

Call 1-877-465-6636 or email [helpline@komen.org](mailto:helpline@komen.org)

**Susan G. Komen<sup>®</sup>'s Breast Care Helpline:**  
1-877 GO KOMEN (1-877-465-6636)



#### Website

<https://www.komen.org/support-resources/breast-cancer-helpline/#:~:text=The%20Susan%20G.,email%20helpline%40komen.org>

#### About (from website)

*The Susan G. Komen Breast Care Helpline provides information about breast health, breast cancer, local and national resources, and information about clinical trials. The Helpline provides:*

- *Answers to questions about your breast cancer risk*
- *Emotional support and guidance in addressing feelings and other concerns*
- *Information about breast cancer screening, treatment options, clinical trials, support resources, and genetic counseling and testing*
- *Access to no-cost screening mammograms and diagnostic services based on income eligibility*
- *Financial assistance if you're an income eligible breast cancer patient in treatment or living with metastatic breast cancer*
- *Connection to a culturally responsive patient navigator*

