Breast Cancer Resources for Patients, Loved Ones, and Caregivers

Peer Support for Breast Cancer

Reach To Recovery®

Website

Chat with someone who's been there. Match with a breast cancer survivor today.

https://reach.cancer.org/?gad=1&gclid=EAIaIQobChMIyoW7rP3hgAMVBpSGCh36LQAIEAAYAiAAEgIL8 D BwE

About (from website)

If you are facing breast cancer, it may help to connect with someone who knows what you're feeling—someone who is a breast cancer survivor, someone who can answer your questions because they have "been there." Through our secure Reach To Recovery website and app, you can create an online profile and match with trained volunteers based on your diagnosis and treatment options. Volunteers can answer your questions and provide one-on-one support to help you cope with treatment, side effects, talking with friends and family, working during treatment, and more. (Volunteers do not provide medical advice. This is a free program.)

Breast Cancer Support Groups

National Breast Cancer Foundation

Website

https://www.nationalbreastcancer.org/breast-cancer-support-groups/

About (from website)

Directory of free resources for breast cancer support groups, including online and in-person options as well as group and one-on-one sessions.

Susan G. Komen Breast Care Helpline

Contact Call 1-877-465-6636 or email helpline@komen.org

Website

https://www.komen.org/support-resources/breast-cancerhelpline/#:~:text=The%20Susan%20G.,email%20helpline%40komen.org.

About (from website)

The Susan G. Komen Breast Care Helpline provides information about breast health, breast cancer, local and national resources, and information about clinical trials. The Helpline provides:

- Answers to questions about your breast cancer risk
- Emotional support and guidance in addressing feelings and other concerns
- Information about breast cancer screening, treatment options, clinical trials, support resources, and genetic counseling and testing
- Access to no-cost screening mammograms and diagnostic services based on income eligibility
- Financial assistance if you're an income eligible breast cancer patient in treatment or living with metastatic breast cancer
- Connection to a culturally responsive patient navigator

Susan G. Komen^{*}'s Breast Care Helpline: 1-877 GO KOMEN (1-877-465-6636)



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Reach To Recovery"

Cancer Society



Breastcancer.org

Website https://www.breastcancer.org/about-us

About (from website)

Our mission is to help people make sense of the complex medical and personal information about breast health and breast cancer, so they can make the best decisions for their lives. BreastCancer.org offers free access to:

- Trusted educational content
- Research news coverage
- Multimedia resources
- Personalized recommendations
- Community conversations
- Spanish-language resources

African American Breast Cancer Alliance

Website https://aabcainc.org

About (from website)

Our mission: Raising awareness in Black American communities, by collaborative networking and providing resources and support for African American women and men impacted by breast cancer.

Our vision: From its inception, AABCA has been committed to sharing crucial, life-affirming information, and promoting the benefits of early detection and treatment. We provide emotional and social support for breast cancer patients and survivors to help them have better recovery experiences as they cope with having this disease.

Metastatic Disease

CancerCare

Website https://www.cancercare.org/diagnosis/metastatic%20breast%20cancer

About (from website)

CancerCare provides free, professional support services for people affected by metastatic breast cancer, as well as metastatic breast cancer information and additional resources. Additionally, CancerCare offers a Women's Cancers Program to help support female-identifying individuals coping with cancer.

Susan G. Komen

Website

https://www.komen.org/breast-cancer/metastatic/support/

About

Comprehensive metastatic breast cancer resources including diagnosis, treatments and emerging treatments, clinical trials, managing side effects and supportive care, managing pain, quality of life, mental health resources, and financial assistance.

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